

West Bay Athletic League

Baseball Rules

(Established 2008)

Unless noted, the Junior Varsity level will follow standard Little League rules while the Varsity level will follow High School rules.

Little League: Mound 46ft. Bases 60ft.

High School: Mound 60ft 6in. Bases 90ft.

GENERAL RULES

- A. Home team supplies 3 game balls. Visiting team supplies 2.**
- B. A 2 hour time limit applies to all divisions. Varsity games are 7 innings. Junior Varsity games are 6 innings. No new inning shall start after 2 hours unless the game is tied. Tie games will continue to its conclusion.**
- C. A 10 run rule applies after 5 innings for all divisions. (a team with a 10 run or greater lead after 5 complete innings or at the end of 2 hours will be declared the winner.**
- D. All batters, base runners, and player coaches must wear protective helmets when batting, base running, or coaching.**
- E. A pitcher must be removed on the second visit to the mound in an inning by the coach or manager. No pitcher removed may again enter that game as a pitcher.**
- F. Only Junior Varsity divisions have an 8 run mercy rule. After a team scores 8 runs in an inning the inning is over. Exception to this would be as follows: Example: The batting team has bases loaded and 2 outs. 7 runs have already been scored. Batter hits a triple. 3 runs score during the course of the at bat. A total of 10 runs go into the books before the change over. Any forced in runs will count.
The mercy rule does not apply to the last inning of the ball game. Unlimited runs may be scored by either team in the last inning.**

PITCHING

- A. The “pitching week” is considered Monday thru Sunday. Junior Varsity pitchers are limited to 6 innings per week. Varsity pitchers are limited to 7 innings per week.**
- B. Junior varsity pitchers may NOT throw breaking pitches. The umpire shall determine if the pitcher is attempting to throw a breaking pitch and call it a ball. If the batter puts the ball in play during an illegal pitch the play stands. If the batter fouls the pitch or swings and misses the pitch will be called a ball.**

- C. Coaches need to be aware if pitchers have pitched during the week with outside teams and take this into account to determine the number of innings they are allowed.**

BATTING

- A. Varsity A Division: Coaches have the option of continuous batting or using the standard High School substitution rule. Continuous batting would allow for unlimited substitution in the field. Before the start of the game, coaches should confer on what option they will be using.**
- B. Junior Varsity or Varsity B Division: Continuous batting is mandatory.**

COACHES shall address umpires when necessary using all expected courtesy and are expected to keep spectators “in line” at all times. The example shown by the coaches will be followed by the players and fans.